



East Tennessee Healthcare Executives Affiliate

2016 3rd Quarter Newsletter

Message from the President

ETHEA Members,

Every year in September and October your ETHEA board begins looking ahead to the next year. The Board will hold its annual Strategic Planning meeting within the next eight weeks to begin the planning process for 2017. We sincerely appreciate all the comments and feedback that we have received to-date. If you have any additional comments or ideas please let me or one of the other Board members know so that we can incorporate your feedback into our plans for the future.

We would also like to take this opportunity to ask for Chapter volunteers for 2017. We have a wide range of positions available, from committee memberships all the way up to Board positions. There are opportunities available with minimal time requirements for those who would like to serve but who are also busy with other personal and professional commitments.

Thank you for your continued support and we look forward to seeing you at one of our upcoming events.

Respectfully,

Matt Stuart
2016 ETHEA President

Be sure to check out our NEW Website!!!

We are proud to announce the launch of our newly redesigned website. Technology continues to develop and with this redesign we will be able to take advantage of the most current tools to make our advocacy most effective and carry our message forward. Be sure to check out our new Events, Sponsors and Job Board tabs.

<http://ethea.achechapter.org/>

Upcoming Events

Be looking for upcoming communications regarding our next two educational events this year.
Mark your calendars!

- November 3rd (Chattanooga)
- November 9th (Knoxville)

Chapter Sponsors

Sponsors

2016 ETHEA Sponsors

[\(ETHEA Sponsorship Opportunities\)](#)

Platinum Sponsors:



Gold Sponsors:



Silver Sponsors:



Bronze Sponsors:



FACHE Spotlight

In this issue we are spotlighting, **Teresa L. Levey, MSN, RN, FACHE**

Ms. Levey's Background

Teresa L. Levey, MSN, RN, FACHE, Senior Vice President and Chief Administrative Officer at The University of Tennessee Medical Center, began her career as a staff nurse with the medical center in 1983, working her way up to nurse manager and director before earning promotion to vice president in 2005. She received her associate degree in nursing from Roane State Community College in Harriman, Tenn. Later, she obtained her Bachelor's and Master's from the College of Nursing at the University of Tennessee, in Knoxville, where she earned awards for clinical excellence and academic achievement. Levey has received recognition from the Tennessee Organization of Nurse Executives for Excellence in Nursing Leadership and received ACHE's Regent's Award in 2013. She currently oversees human resources, UT Day Surgery, UT LIFESTAR aeromedical services, facility operations, network development and the Heart Lung Vascular Institute.

Ms. Levey, when did you first get involved with ETHEA and how has membership in ACHE and ETHEA benefited your career?

I was first introduced to the local chapter of ACHE, the East Tennessee Healthcare Executives Affiliation (ETHEA), shortly after assuming the Vice President role several years ago. I was immediately impressed with the variety of educational opportunities offered at the local meetings and the diverse networking opportunities.

The ETHEA offered many ways to become engaged and I accepted an officer position on the leadership team. In that role I had access to several experienced healthcare executives who helped mentor and encourage me! I have established lifelong friendships through my memberships in ETHEA and ACHE and I encourage any young leader to consider joining!

For career assistance offered through the ACHE, please click on the following links: [ACHE Job Center](#) and [Career Resource Center](#).

ACHE News

ACHE's On-Location Programs Offer Customized Education On-Site

ACHE's On-Location Programs are customized ACHE seminars that can be brought directly to your organization. ACHE will help coordinate faculty and produce materials; your team will conveniently earn ACHE Face-to-Face Education credits.

On-Location Programs cover a range of topics, including:

- Career development
- Community health and involvement
- Customer satisfaction
- Diversity
- Facility design and construction
- Financial management
- General management and administration
- Health systems and delivery
- Human resources and workforce issues
- Law
- Leadership
- Marketing and strategic planning
- Medical staff relationships
- Public policy

Quality and patient safety

Depending on the length of the program, seminars are assigned 3, 6, or 12 ACHE Face-to-Face Education credits toward advancement or recertification in ACHE.

ACHE will work with organizations to build a program that suits their needs. For more information, contact Catie L. Russo, program specialist, Division of Professional Development, at crusso@ache.org or (312) 424-9362.

Gain Strategies for Achieving Health Equity During Fund Program

Addressing disparities in care and improving health equity requires leadership, vision, teamwork and an understanding of the problem and its potential solutions. ACHE's Fund for Innovation in Healthcare Leadership will host a special program this November that will explore proven tactics for advancing healthcare equity.

"Achieving Care Equity: The Ethical Imperative" will be held Fri., Nov. 11, in Atlanta following ACHE's Atlanta Cluster. This half-day seminar will provide proven strategies for building a sustainable and meaningful equity-of-care strategy based on data that reflects the community and marketplace. Senior leaders of progressive organizations will share their journey toward eliminating racial and ethnic healthcare disparities and achieving care equity.

During this seminar, participants will:

- Identify the challenges posed by personal bias and assumptions
- Examine a community-based approach to health equity that aligns healthcare organizations, payers and community entities
- Understand leaders' roles in ensuring the provision of culturally sound care and making cultural competency an organizational priority

[Learn more and register.](#)

Are You Due to Recertify Your FACHE Credential in 2016?

Demonstrate your continued dedication and commitment to lifelong learning by recertifying your FACHE® credential.

Visit my.ache.org (login required) to learn when you are due to recertify. If you are required to recertify in 2016, you will see a link to your personalized online recertification application. Please submit this application no later than Dec. 31; include your Qualified Education credits and your community/civic and healthcare activities.

For more information, please visit ache.org/Recertify. You may also contact the ACHE Customer Service Center at (312) 424-9400 Monday–Friday 8 a.m.–5 p.m. Central time or email contact@ache.org.

Save Time and Money with ACHE Self-Study Program

Need to earn ACHE Qualified Education credits? Earn six hours by completing a course through ACHE's Self-Study Program. Self-Study courses are portable and ready for you anytime—at home, in the office, and more. Topics include finance, human resources, leadership and management. Take advantage of ACHE's special offer: purchase one self-study course and receive a second course at 50 percent off. To review a list of available courses and corresponding Health Administration Press books and to place an order, visit [the ACHE website](http://the.ache.org).

ACHE to Host Special Program for Physician Executives

ACHE's Physician Executives Forum will offer a one-day educational program this fall to provide an affordable opportunity for learning and networking.

"Navigating the Perils of Value-Based Care Delivery: The Essential Role of the Physician Leader," ACHE's Physician Executives Forum program, will be held Oct. 8, 2016, at the Westin O'Hare, Chicago. Experienced physician executives and those who are new to this role will gain a detailed understanding of changes in the current healthcare environment, examine models from high-performing accountable care organizations and lessons learned from failed ACOs, discover

implementation strategies for value-based care delivery and discuss the importance of relationship building. For more information, or to register, visit [ache.org/PEProgram](https://www.ache.org/PEProgram).

ACHE also offers curated content for physician leaders from our *Elevating Leadership* newsletter and *Healthcare Executive* magazine. [View select physician leader articles](#) under the "Additional Physician Resources" section of our physician leader website, [ache.org/physicianleader](https://www.ache.org/physicianleader).

Tuition Waiver Assistance Program

To increase the availability of ACHE educational programming for Members experiencing economic hardship, ACHE has established the Tuition Waiver Assistance Program.

ACHE makes available a limited number of tuition waivers to Members and Fellows whose organizations lack the resources to fund their tuition for education programs. Those in career transition also are encouraged to apply. Tuition waivers are based on financial need and are available for the following ACHE education programs:

- Congress on Healthcare Leadership
- Cluster Seminars
- Self-Study Programs
- Online Education Programs
- Online Tutorial (Board of Governors Exam preparation)
- ACHE Board of Governors Exam Review Course

All requests are due at least eight weeks before the program date, except for ACHE self-study courses; see quarterly application deadlines on the FAQ page of the tuition waiver application for complete information. Incomplete applications and those received after the deadline will not be considered. Recipients will be notified of the waiver review panel's decision at least six weeks before the program date. For ACHE self-study courses, applicants will be notified three weeks after the quarterly application deadline.

If you have questions about the program, please contact Teri Somrak, associate director, Division of Professional Development, at (312) 424-9354 or tsomrak@ache.org. For more information, visit ache.org/Tuitionwaiver.

Offering a Postgraduate Fellowship? ACHE Can Help

ACHE would like to know if your organization is offering a postgraduate fellowship for the upcoming year. If so, we encourage you to add it to our complementary Directory of Postgraduate Administrative Fellowships at ache.org/Postgrad.

As a healthcare leader, you know how crucial it is to attract and develop highly qualified professionals in your organization. Gain exposure and start attracting top-notch applicants by posting your organization's program on ACHE's Directory. You may add a new listing or update a previous one at any time by completing the [Online Listing Form](#).

Questions? Please contact Liz Catalano, membership coordinator at (312) 424-9374 or email ecatalano@ache.org

Article of Interest

5 Things Productive People Do Differently

How do some of the world's greatest talents manage their time? *Forbes* gleaned these tips from several masters of the art of business.

They don't use to-do lists. Instead, highly productive people schedule tasks on their calendar—and they stick to that calendar down to the minute.

They carry a notebook. Richard Branson of Virgin fame doesn't go anywhere without a notebook, and neither did Greek shipping magnate Aristotle Onassis. Carrying a notebook enables you to write down that million-dollar idea whenever the idea presents itself—and before you have a chance to forget.

They focus on minutes, not hours. As Olympic gymnast Shannon Miller once told *Forbes* author Kevin Kruse, "To this day, I keep a schedule that is almost minute by minute." Successful people know the value of their time and hold themselves accountable for time spent.

They concentrate on just one thing at a time. Highly successful people like Tom Ziglar, CEO of Ziglar Inc., invest the first hour or two of their day working on their No. 1 business priority.

They make it home for dinner. Highly successful people know there will always be reasons to stay longer at work, but they make time for the things they value outside of work, too, from family to friends to exercise to favorite hobbies.

—Adapted from "15 Surprising Things Productive People Do Differently" by Kevin Kruse, *Forbes.com*, Jan. 20, 2016.

Questions or concerns? ETHEA would love to hear from you. Please visit our newly designed website at: <http://ethea.achechapter.org/> There you will find contact information for the ETHEA board.

As always, we appreciate your membership and participation.